

CAMPUS HEALTH VOLUNTEERS FOR BLACK FRIDAY EVENT

THANKSGIVING IS THE TIME TO GIVE THANKS FOR ALL WE HAVE. IT IS ALSO A TIME TO GIVE BACK!

WE ARE HOLDING A CAMPUS HEALTH UACARES VOLUNTEER EVENT ON FRIDAY, NOVEMBER 25TH FROM 8:30 TO 11:30 AM AT CASA MARIA SOUP KITCHEN LOCATED AT 352 E. 25TH STREET.

WE WILL BE HELPING THOSE LESS FORTUNATE IN THE SPIRIT OF GIVING

PLEASE JOIN US!!!

GO TO THEIR WEBSITE BELOW AND FILL OUT THE SIMPLE VOLUNTEER FORM

<http://www.casamariatucson.org/donate--volunteer.html>

Food Donation

Time Donation

As always, we need people to help in the kitchen every morning from **8:30 a.m. until 11:30 a.m.** If you can chop vegetables, make sandwiches and bag lunches - **WE NEED YOU!** If you can't come the whole morning, please come for an hour.

Pinto beans, mayo, mustard, coffee, sugar, canned goods, fresh fruit, tomato sauce (or anything like it), fresh vegetables, any kind of meat, anything that would go in a bag lunch. We can use almost anything



Clothing Donation

Men, Women, and Children's clothes. We accept almost anything including blankets and sleeping bags. Items needs to be clean.

Hygiene Donation

Disposable razors, soaps, shampoos, toothbrushes, toothpaste, towels, etc.